



# New Britain Family Resource Center

## MESSAGE TO FAMILIES

Written by Mrs. Nebby Sánchez  
We look forward to hearing from you and providing any resource that you might find helpful and we welcome your ideas and feedback. This month's newsletter has a lot of great information packed in. With these thoughts in mind, please don't hesitate to get in touch with us, with a specific request or just to talk.



## WHAT'S IN THIS MONTH'S ISSUE

- What can I do to improve my child's listening skills!
- Introducing Numbers
- Helpful tips on How to choose a Child Care Program.
- Tips On Literacy Awareness
- More Resources



### What can I do to improve my child's listening skills!

Pre-Schoolers aren't the best listeners. In most cases, they are trying to tune parents out. But their attention spans are short and they are very easily distractive.

Help your child become a better listener.

- Get his/her attention: Walk over to your child and say their name. You can also try using a special phrase that helps your child, it's listening time. "One, two, three, eyes on me"
- Use a different tone of voice: Singing and whispering can both get children's attention in a positive way.
- Discourage interruptions: If your child starts to talk or do something else before you are through speaking, hold up your hand and say "Please wait", finish what you are saying then add "Thank you for listening, it's your turn to speak now".
- Ask your child to repeat: what you said in his own words, and make eye contact with him.

### Introducing Numbers

Songs are one of your secret weapons when it comes to teaching your child to count numbers in a Fun Way.

- Engaging in activities that help your child understand numbers in a fun way like singing a song, introducing it during a daily routine, before breakfast, or before bedtime.
- Another way to get kids to think of numbers in a creative way is to get them to paint. They can see them, they can draw them, can color them in bright colors, and repeat the number out loud as they have some fun with painting.



# How to Choose a Licensed Child Care Program

## HELPFUL TIPS FOR PARENTS

Written by Mrs. Nebby Sánchez

Choosing a childcare program is one of the most difficult and important decision you will ever make for your child. The following are tips on what to consider when choosing a childcare program.

- Find a licensed Care provider near you by dialing 211 or visiting [211childcare.org](http://211childcare.org)
  - Visit the program; When children are present before enrolling, after enrollment, and make unannounced visits at different times during the day.
  - Observe staff interaction; Are staff members friendly and comfortable with the children? Teacher qualification and training. Do they encourage conversation and play? Do they allow the children to make choices and to have a routine? How many staff are in the classroom? Is the room organized, recent artwork displayed? Can you clearly identify all the areas in the classroom; Housekeeping area, Block area, Language/Reading area, Science/Math area, Sensory area, Art, and Quiet area.
  - Health and Safety; Is the program clean and safe? Is the playground free of hazards, does the program have emergency plans, and is staff trained to administer medication, do they have a school nurse on-site?
  - Ask questions; Are the staff qualified to be working with students? How many children are in the class? Can children with special needs be accommodated? What is a typical day like? Do they have a Parent handbook with program policies? Do children seem happy and busy engaged in activities?
- \*\*\*How do you and your child feel when you walk throughout the school?



## LITERACY AWARENESS

Written by Mrs. Nebby Sánchez

### Are you introducing Letters and Words?

Engaging in activities that help your child understand that letters combine into forms will set her on the path to reading. Reading is important because if you can read, you can learn anything about everything and everything about anything.

- Give your child toys with letters on them, such as alphabet blocks.
- Write your child's name on her belongings and encourage her to write it, too.
- Label items that your child uses often with their names; bed, chair, table, cup, etc.
- Point out words your child sees during the day like; milk, juice, bread, sale, and open.
- Play word games, such as naming words that start with the same letter.

Promote reading with props. Does your child enjoy pretending to play? Use it to inspire reading, such as;

- Menus; Use an old take-out menu or create your own, play restaurant with your child and take turns being the customer and server.
- Books; Pretend you are going to the library. Set out books you have at home and take turns checking them out.
- Signs; Create a construction zone with your child, make signs that say; Stop, Go, Slow, etc., and let your child direct traffic.



## FOR MORE RESOURCES VISIT:



### CSDNB - District Dispatch Newsletter

Is a monthly digital publication of the Consolidated School District of New Britain, featuring news, stories, events, spotlights, and calls to action throughout the district.

Link: <https://www.csdnb.org/district-dispatch.php>

### NEW BRITAIN PUBLIC LIBRARY

[HTTPS://WWW.NBPL.INFO/KIDS.HTML](https://www.nbpl.info/kids.html)  
20 HIGH ST. NEW BRITAIN, 860.224.3155  
CHILDREN DEPARTMENT - TERRIFIC  
TOTS - EVERY MONDAY @ 10:00 AM

### New Britain Adult Education

The next registration session will take place in early August.

Various programs are offered, including English as a Second Language, GED Preparation, High School Credit Diploma, Citizenship, and National External Diploma Program.

<https://www.nbadulteducation.org/>

### Community Health Center

Provides medical care, behavioral health, and oral health in our schools through the School-Based Health Center.

<https://www.csdnb.org/pdf/2021-2022/Community/Community-Health-Center-CSDNB.pdf>

To learn more, visit at: [www.CHCI.com](http://www.CHCI.com)

### What Parents Should Know About KINDERGARTEN

Entry, Enrollment, and Attendance

<https://www.portal.ct.gov/-/media/SDE/KindergartenBrochure.pdf>

### HRA VITA Program

Income Tax Assistance - Free of charge service to families and individuals

[https://www.hranbct.org/Financial\\_Services/Volunteer-Income-Tax-Assistance/Locations-and-Hours](https://www.hranbct.org/Financial_Services/Volunteer-Income-Tax-Assistance/Locations-and-Hours)

[https://www.hranbct.org/Financial\\_Services/VITA-Locations-and-Hours/](https://www.hranbct.org/Financial_Services/VITA-Locations-and-Hours/)

Emergency Assistance/Food Pantry

[https://www.hranbct.org/Emergency\\_Assistance/](https://www.hranbct.org/Emergency_Assistance/)

### NEW BRITAIN PUBLIC SCHOOLS CENTRAL REGISTRATION OFFICE (PRE-K THROUGH 8)

120 NEWINGTON AVENUE  
NEW BRITAIN, CT 06051  
MONDAY-FRIDAY 8:30 – 3:00 PM  
PHONE #: 860-223-5501  
EMAIL: [REGISTRATION@CSDNB.ORG](mailto:REGISTRATION@CSDNB.ORG)  
LOGGING INTO:  
[WWW.CSDNB.ORG/REGISTER](http://WWW.CSDNB.ORG/REGISTER)

THE LEGISLATION NOW STATES THAT CHILDREN MUST TURN 5 ON OR BEFORE SEPTEMBER 1, 2024. TO BE AUTOMATICALLY ELIGIBLE TO ENROLL IN KINDERGARTEN. REQUIRED DOCUMENTS [CLICK HERE](#) FOR MORE INFORMATION

### THE PRESCHOOL OPTIONS FOR 2024-2025 ARE AS FOLLOWS:

- PART-TIME: 9:00 - 11:30 AM OR 12:30 - 3:00 PM AT ROOSEVELT EARLY LEARNING CENTER OR GAFFNEY ELEMENTARY SCHOOL
- FULL-DAY: 9:00 AM - 3:00 PM AT ROOSEVELT EARLY LEARNING CENTER OR GAFFNEY SCHOOL

### Child Care Providers

Before and After Programs

<https://www.csdnb.org/reopen2020/chilcare.php>

### HRA Early Childhood PROGRAMS

School Readiness Pre-School, Full Day/Part Time Head Start Program, Toddler Program  
Call 860-225-4866

Email: [Eceinfo@hract.org](mailto:Eceinfo@hract.org)

180 Clinton St., NB. Ct 06053

### NEW BRITAIN FAMILY RESOURCE CENTER STAFF

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